

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

स्वास्थ्य सेवा, ओटोरिनोल्यारिङ्गोलोजी समूह, अधिकृत नवौं (९) तह (खुल्ला र आन्तरिक)
प्रतियोगितात्मक लिखित परीक्षाको पाठ्यक्रम

Paper II

Part I :- General Subject

- 1) Avoidable Deafness in Nepal
- 2) Organization of Ear Camp
- 3) Primary Ear Care
- 4) Function of SOL (Society of Otorhinolaryngology)
- 5) Role of Paramedical Personal
- 6) Major policies and strategies adopted by Health sector reform in Nepal
- 7) Millennium Development Goals and strategies adopted to achieve the goals in Nepal
- 8) Poverty & Health and relationship between them
- 9) Rehabilitation of Hearing
- 10) Prevention of ENT-Head and Neck related Cancers

Part II :- Technical Subject

1. **Diseases of EAR**
 - a. Acute /Chronic Otitis Externa
 - b. Impacted Wax, Foreign Body Ear
 - c. Acute Otitis Media
 - d. Otitis Media with Effusion
 - e. Acute Mastoiditis
 - f. CSOM
 - g. Cholesteatoma
 - h. Vertigo
 - i. Ototoxicity
 - j. Congenital and Aquired Deafness
 - k. Tumors of the Ear
 - l. Meniere's disease
 - m. Vestibular Schwannoma
 - n. Noise Induced Hearing Loss

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- o. Otosclerosis
2. **Diseases of NOSE**
 - a. Allergic Rhinitis
 - b. Acute and Chronic Rhinosinusitis
 - c. Foreign body Nose
 - d. Epistaxis
 - e. Nasal Polyps
 - f. Deviated Nasal Septum
 - g. Tumours of the Nose and Paranasal Sinuses
 - h. Fractures of Nasal Bone
 - i. Carcinoma Nasopharynx
 - j. Juvenile Angiofibroma
3. **Diseases of THROAT**
 - a. Acute Tonsillitis
 - b. Acute Pharyngitis
 - c. Peri-tonsillar Abscess
 - d. Acute Laryngitis/ Tubercular Laryngitis
 - e. Foreign Body Throat
 - f. Acute Epiglottitis
 - g. Aphthous Ulcers
 - h. Carcinoma of Tongue/Oral Cavity/Oropharynx
 - i. Stridor
 - j. Hoarseness
 - k. Reinke's Edema
 - l. ENT manifestations in COVID infection
4. **Diseases of NECK**
 - a. Cut Throat injuries
 - b. Thyroid Nodules and Tumors of the Thyroid gland
 - c. Carcinoma of Larynx/Hypopharynx
 - d. Neck Metastasis
 - e. Deep Neck Abscess
 - f. Ludwig's Angina
 - g. Salivary gland swellings/Malignancy

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5. **General Medicine**

- a. Bleeding Disorders
- b. Otogenic Neurological Diseases
- c. Cavernous Sinus Thrombosis
- d. Disorder of Cranial Nerves

6. **Investigation**

- a. X-Ray Ear, Nose and Throat
- b. C.T. Scan
- c. MRI
- d. PET Scan
- e. Hematological Investigations
- f. Gene Expert
- g. Flexible Endoscopy
- h. U.S.G.
- i. FNAC
- j. Thyroid Scan
- k. Audiometry and Tympanometry
- l. Brainstem Evoked Response Audiometry
- m. Newborn Hearing Screening
- n. Otoacoustic emission

7. **OTHERS**

- a. Microdebrider
- b. Harmonic Scalpel
- c. LASER